

The **first aid kit** must contain at least (Annex 1, Ministerial Decree 388/03):

- Sterile disposable gloves (5 pairs)
- Splash visor
- 1 litre bottle of 10% povidone-iodine skin solution (1)
- 500 ml bottles of physiological solution (sodium chloride - 0.9%) (3)
- 10 x 10 sterile gauze pads in individual bags (10)
- 18 x 40 sterile gauze pads in individual bags (2)
- Disposable sterile sheets (2)
- Disposable sterile dressing forceps (2)
- Pack of medium-sized elastic bandages (1)
- Pack of cotton wool (1)
- Packs of ready-to-use band-aid in various sizes (2)
- Rolls of band-aid 2.5 cm wide (2)
- A pair of scissors
- Tourniquets (3)
- Ready-to-use ice packs (two packs)
- Disposable bags for collecting medical waste (2)
- Thermometer
- Blood pressure monitor.